

# FREE MUSKERRY NEWS

incorporating North City News

July 2013

www.muskerrynews.biz

Vol 11, Issue 8



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Stephen Mullane on his last day at Shournagh Valley Childcare. Stephen has been attending Shournagh Valley since he was four months old and finished at the end of June as he is now finished Primary school. Both staff and his many friends were so lonesome to see him go, he was part of their family.



Damian Murphy, Our Lady of Good Counsel School Ballincollig, pictured handing over a cheque to Principal Siobhan Allen for funds raised by his mum Martina and brother Billy who did a parachute jump in memory of his late sister Clodagh Murphy to mark her recent 21st birthday.



Keith O'Hourihane, Pharmacy First Plus, and Lisa O'Leary, O'Leary's Centra Tower pictured at a recent training day for the newly installed defibrillator at Tower Shopping Centre which has been generously donated to the community by Pharmacy First Plus and O'Leary's Centra Tower.

Blarney Walking Group pictured in brilliant sunshine one Sunday last month in Killarney.



Following the successful Spinathon held last month in memory of Mark Noonan a cheque for over 1000 was handed over the Margaret at Irish Guide Dogs for the Blind by staff at O'Leary's Centra Tower and Marks parents Mary and Jer.

**Dr Sheena Finn has recently been appointed by the HSE to take over the GP practice of Dr Eddie Fitzgerald in Ballincollig following his recent retirement. Dr Fitzgerald has worked in Ballincollig for over thirty years and we would like to take this opportunity to wish him best wishes in his retirement.**

Dr Finn, a Cork native originally from Mallow, graduated from UCC in 2001. She then spent a number of years working in hospitals in Cork, Kerry and Limerick gaining experience in a wide range of specialities including paediatrics, obstetrics and gynaecology and psychiatry. She spent a year working in Australia in accident and emergency medicine, following which she returned to Cork to complete her General Practice training. She has spent the past eight years working as a GP in numerous practices in Cork city and county.

Sheena told us that she has previously spent 4 years working in Ballincollig and thoroughly enjoyed her time there. When



the HSE appointed her to take over Dr Fitzgerald's practice she was delighted to be back working in the town. Sheena feels that Ballincollig is a very vibrant town and that there is a need for a new and expanding GP practice to meet the health care requirements of the growing population of the area.

Her practice offers friendly, high quality comprehensive care to patients and new patients are welcome in the practice.

Sheena has completed several clinical diplomas over the past few years including diplomas in child health, womens health and obstetrics, diabetes care and family planning.

Her practice offers a wide range of services including all routine medical services, blood pressure management,

diabetes care, mother and child care, childhood vaccinations, travel vaccines, health screening, mens health, and insurance medicals.

Sheena has a keen interest in womens and childrens health including smears, family planning and mirena coil and implanon fitting.

We would like to wish Sheena every best wishes in her future in Ballincollig.

Dr. Sheena Finn, Rosewood Estate Ballincollig (next to Centra shop) Phone 021 4870808  
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The lovely Blair family from Cloghroe pictured during their visit to The Lord Mayor last week.  
*Pic Billy MacGill*



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## John Lonergan pays visit to Ballincollig Youthreach

Recently, John Lonergan, the former governor of Mountjoy prison visited Yeats House, Ballincollig. John was invited by Ballincollig Youthreach to give a talk on 'Working together to support early school leavers to fulfil their potential'.

John's engaging talk emphasised community being a social mix of equals and supporting those who struggled in

life. He spoke of the inequalities in life and the importance of education and 'never judge anybody else'. John delivered his talk to a group of 150 people, a group consisting of learners and staff from Ballincollig Youthreach and counsellors, teachers and youth workers from various organisations. As always, John's talk was inspirational, educational and enlightened all present.



Marie Claire, Joanne Walsh and Michaela Ferkova from Ballincollig Youthreach watch on as guests sign in



David Coomey, Resource Person Ballincollig Youthreach, Cheyanne O'Driscoll, Catherine Power, John Lonergan, Chelsea Coulston and National Youthreach Coordinator Gerry Griffin



Trish Lavelle, Ballincollig Youthreach Resource Person; Breda Dennehy, Ballincollig Resource Person; John Lonergan, Ballincollig Coordinator Bernie O' Liatháin and National Youthreach Coordinator Gerry Griffin

Ballincollig Youthreach students, Cheyanne O'Driscoll, Catherine Power and Chelsea Coulston greet John Lonergan



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## A YEAR OF SUCCESS FOR SCOIL CHROÍ ÍOSA, BLARNEY

**What an end to a fantastic year in Scoil Chroí Íosa. Amalgamation has proven to be a huge success as the school has come up trumps many times in the last few weeks.**



Scoil Chroí Íosa girls done us proud with their outstanding performance in the recent Sciath na Scol final against Rathcormac in Pairc Uí Chaoimh. With continuous winning performances throughout the journey to the final, confidence levels were high on the day. With a hat-trick from Sarah Holland there was no fear of defeat. Well Done girls, many more victories to look forward to in the future. We had an exceptional year in Cork City sports this year with a total of 10 trophies. Well done to all who took part on the day. Usain Bolt watch out!

Our school Polytunnel was erected last week. A big 'Thank You' is due from all here at Scoil Chroí Íosa to the second year pupils from Scoil Mhuire gan Smál, Tom McGrath and his colleagues from Blarney Tidy Towns, Stephen Sewell who oversaw the project from start to finish and Adam and Chris from

Blarney Castle. The school are indebted to Sir Charles Colthurst for sponsoring the tunnel.

We recently enjoyed some new fun-filled activities to promote our Active School Week, activities included Break-time Challenges, Principal Penalties, Bike safety and Walk on Wednesday (WOW).

The highlight of the week was most definitely the 'Flash mob' performance in the square on Friday. Curiosity got the better of the locals which drew them to the green for the lively performance of the 'Cha Cha Slide.' Check out youtube if you were unfortunate enough to have missed it.

*The staff and students of Scoil Chroí Íosa would like to extend their deepest and sincere sympathy to the Linehan family on the recent passing of Annette Linehan. Our thoughts and sympathies are with them at this difficult time.*

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Individual "Little Miss" Award winners at St. Patrick's College, Gardiner's Hill Transition Year Awards Night. Included are Ruth Bozynski (Little Miss Sunshine), Emma Carroll (Little Miss Endeavour), Larissa Connolly (Little Miss Comedian), Bronagh Thornhill (Little Miss Original) and Laura Dorgan (Little Miss Confident).

Picture: Mike English



Shauna Walsh (Spirit of Transition Year Award Winner) and Rebecca McAuliffe (Work Experience Award Winner) at the Awards.

Cian O'Brien presents the Breakfast Club Student Award to Stacey Foley at the St. Patrick's College, Gardiner's Hill Transition Year Awards Night.



St. Patrick's College, Gardiner's Hill Transition Year Academic Award Winners. Included are Emily Duggan (Humanities), Kira O'Sullivan (Business Studies), Mega Donovan (PE and Sport), Linda Pentony (Languages), Michaela O'Keeffe (Home Economics) and Mary Quill (Science and Maths and Overall TY Student of the Year).



Mrs. Pauline Lane, presenting the Work Experience Student of the Year Award to Rebecca McAuliffe at the St. Patrick's College, Gardiner's Hill Transition Year awards night. Other nominees were Robyn Cummins, Leona Mulcahy and Madelene Leggett.



Mrs. Ruth Wolfe, presents the Spirit of Transition Year Award to Shauna Walsh. Other nominees for the award were Simona Michalikova, Aisling Frawley and Kim Finnegan.

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Pictured at Daniel Glavin's Hope Foundation Coffee morning at The Kasbah at The Whitehorse Inn, Ballincollig are; John Kearney Ballincollig with Lachlann Kearney Burke from Kimurray.

Photos: Donagh Glavin



Pictured at the Coffee morning are; Gillian Brennan and Evelyn Cripps, Ballincollig.



All smiles: Alex Slye, Carrigaline and Grace O'Driscoll, Ovens.



Pictured are Vikki Cronin, and Mary Kelly, from Ballincollig.



Pictured are; Juliette Ahern, Joe Dillon and Sally Anne Chapman all from Ballincollig.



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# Times Past...

*with Brian Gabriel, Blarney and District Historical Society*

## Sport with Muskerry Dash

**The Muskerry Hunt articles published in earlier issues of the Muskerry News drew a large number of requests for one further item, so here it is!**

The ferocity of the east wind gripping the English countryside was tempered by the time it reached Co. Cork. It still did no favours to the Muskerry Hounds when they met at Aghabulloge and the conditions were frustrating for a pack which had enjoyed great sport this season. However, we were fortunate to be hunting at all and in Ireland there is never a dull moment for one is always on the move.

The Muskerry is one of the few packs of hounds in the British Isles still bred on the old English foxhounds lines. It is the oldest pack in Ireland and was formed in 1742 by Mr. John Rye. He kennelled hounds at Rye Court, Farnanes, and they returned there in 1980, through the generosity of his descendant Miss Rosaleen Tonson-Rye. Long periods of mastership have guided these hounds which hunt the lovely rolling country to the west of Cork City. For two seasons, 1879-81, hunting ceased due to the land league agitation and hounds went to Cannes in the South of France. On their return in 1882, the masterships were held for the next 16 years by cavalry officers stationed at Ballincollig Barracks.

The 20 years between the wars saw only two masterships: those of Major A Hornby and Sir George Colthurst; and for more than 40 years the pack has been closely associated with the Mahony family. In 1943 the late Major Ernest Mahony assumed the mastership with his late and much-lamented son, Jack, who died in 1985. Father and son were Masters, with Jack hunting hounds from 1959, until he went to the Galway 'Blazers' in 1972. Until he died his was the guiding hand of the Hunt and he bred the hounds which were kennelled at his family home, Cloghroe. The Muskerry's long links with the Mahonys were borne out by the presence of four generations at the meet. Mrs. Ernest Mahony, aged 95 years, was car following and her son, Mr. Craufurd Mahony, a former Joint-Master, was also on foot. Mounted were her daughter-in-law, Mrs. Jack Mahony, as devoted to the Muskerry Hunt as her late husband was; her granddaughter, Mrs. Nicholas Westendarp, and her great-grand-daughter, Miss Clodagh Leavy. (A notable feature of Irish packs is the number of women who have carried the horn.)

Mrs. Westendarp, became the Joint-Master in 1977, joining Mrs. Ronnie Murphy who has been one since 1974. Their untiring work, in which they assisted by Mr. Nicholas Westendarp, the secretary, ensures the Hunt's success.

Ireland's agriculture has advanced dramatically during the past decade. In such a forward climate hunting has to stop early and most packs do not hunt after St. Patrick's Day. But, on this occasion, in extremely dry conditions, there was hardly a hoof-mark to be seen – a relief for the Masters but not for the hounds and huntsman for it was a fickle scenting day. There is plenty of good fox cover. The sharp green patchwork of small fields lies beneath the hill-tops covered in rocks and gorse and there are wild stretches of bog-land from which startled snipe flit away as hounds draw through. The depredations of those who seek pelts have fortunately diminished as the lure of high prices has gone. Finbarr Murray, huntsman since 1983, had 131/2 couple on. Most were first and second season hounds because two years ago the pack was decimated by running on to land on which there was poisoned meat. It was a great credit to Murray that his young pack was so steady and persevered unceasingly for him all day. He is a protégé of the Mahony family, having been in kennels since he was a boy, and he takes the opportunity to add to his experience by hunting the local harriers on Sundays.

There were only 12 mounted followers to see hounds find a brace in

Bishop's Bog behind the village. The vixen quickly found safety in a stone-faced bank. Murray, in addition to Mrs. Westendarp's help, has three tireless foot followers who also act as terrier-men. They were never out of touch and frequently saw a fox away through some corner inaccessible to a mounted follower. They spotted the dog fox away but he was marked to ground in a quarry after a short time.

Coffey's Bog seemed to stretch as far as the eye could see. Drawing wide, hounds deep voices came back to us on the chill wind, indicating a fox afoot. Murray saw him leave the westerly end of the bog and hounds had a good start up the boreen. Turning out on to the hill above, they checked in the wind. There is not much tillage in this country but here two fields of dry plough were a further hindrance as the huntsman had his hounds on. They hit the line off left-handed back to the bog but no more could be done.

The next draw was Mr. Sean Twomey's farm. There is always a welcome for the Muskerry when they draw the rocky scrub on the mountain above his neat dairy pastures. To the west, the mountains were topped with snow and the biting wind brought flurries of snow into our faces. There was a fox but he needed the utmost persuasion to leave the warmth of the scrub. Mrs. Westendarp viewed him making for the road where he was headed back. Eventually hounds forced him to leave upwind. Mrs. Murphy on her sharp grey showed us the way over some stone-faced banks, the stone rattling behind us. Away on the right, Mrs. Fergus Sutherland was taking her own line. Hounds were a mile away by the time we reached the road. They then swung back to Tom Murphy's Mountain and we heard Murray blowing to ground. At 3.15, hounds found again in Mr. Chucky Twomey's bog. It was a start full of promise that raised our hopes for an evening hunt. We scrambled and pushed to catch up, but as we reached the road the hounds were marked in a big sand earth.

Mrs. Murphy decided it was time for home. Murray was not able to reward his hounds as there is an agreement with the local harriers who hunt the country on Sundays that foxes will not be dug – a legacy from the seasons when foxes were hard to find. Hunting is an absorbing passion in Co. Cork; there are reputed to be some 18 packs of harriers hunting on Sundays and co-operation is important. That the Masters can count on great support was underlined by the fact that Mr. Jim Willis, a local farmer, and Mr. Peter Musgrave had, without being asked, gone back to repair the banks. They returned to report all well as we tried to raise our body temperatures with the traditional hot whiskey which every bar in Ireland will serve to the hunting man.

*The above is taken from an article written by Michael MacEwan and published in The Field, 8th March 1986.*



## Senator Colm Burke

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Just some of the many people who have turned out in their numbers to help Blarney Tidy Towns water the plants in Blarney during the recent wond



(left to right) Ssandra McLellan TD, Cllr Derry Canty and Cllr Michelle Hennessy at the launch of the Visit Cork County website. <http://visitcorkcounty.com> at the Mall House in Youghal.



(left to right) Cllr Dan Fleming and Cllr Aaron O'Sullivan at the launch of the Visit Cork County website. *Pictures Darragh Kane*



Aisling Sheehan receives The Humanities Award



Solas Award Winners Group photo



Edel O'Connell receives the Principal's Award



Brian Goulding receives the Edward Pope Memorial Award

St. Aidan's Community College, Dublin Hill recently held their annual Solas Awards Ceremony in recognition of the academic achievements of their students. Dr. Keith O'Donoghue, past pupil was an inspirational guest speaker on the night as he spoke about his fond memories of the school and his achievements since graduating from the college in 2000. Students were rewarded for their academic success as well as their co-curricular achievements.

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## Another busy and productive month for Blarney Tidy Towns

In June we had several cleanups in the River Martin along the stretch on the Waterloo Road. Shane Carroll started a cleanup in the river some months back, and so far, in excess of 30 bags of assorted rubbish has been removed. Much of the material had been washed down when the river was in flood, and became entangled in the branches of fallen trees.

The results of the 2nd period of judging in the Anti-Litter Challenge saw a great improvement over the first period. We have moved up a place, and in the process, achieved the 4th highest marks in the county. So lets keep up the good work. Why not bring a small bag and gloves with you as you go for a walk/run. We have had a number of takers for this activity over the last few months, some saying that it's better than therapy!

June also saw the addition of another planted area on the relief

road.

Who would have thought that we would be asking for volunteers to help with watering plants in Blarney? Thanks to the hot weather, we had to do this, and we got a great response from many people.

Particular thanks to Adrian O'Connell who supplied us with a 1000 litre container of water for this job.

One of our Tidy Towns volunteers recently witnessed a person stop her car and then proceed to dump 3 bags of rubbish at the side of the road. Photographs were taken of the bags and car registration noted. The matter has been reported to the Gardaí and is being brought to the attention of the County Council, Environmental Section who are currently pursuing same. We sincerely hope that this will lead to action against this kind of activity.

## ....And the inaugural An Bhlarna Award goes to Blarney Dry Cleaners & Laundry



Before



After

## We all know the grind of cleaning up after ourselves...well it's even worse when you have to clean up after someone else!

The Muskerry News and Blarney Tidy Towns are delighted to announce the launch of 'An Bhlarna Award' which serves to acknowledge those in the community who do their bit in the campaign to keep Blarney litter free.

This award is in recognition of individuals and businesses in Blarney who play their part in our anti-litter campaign by just picking up rubbish, even when it isn't theirs! Blarney takes litter very seriously and has worked very hard to climb the rankings in The Tidy Towns competition. Tom McGrath and his team of volunteers have made huge efforts to improve the look and feel of our village and surrounds, to the benefit of tourists and residents alike. Unfortunately we are not all litter intolerant and the reality is that a lot of our litter is home grown. Education goes a long way and if we get through our school years and are still littering, the only answer is zero tolerance and a hefty fine!

It was so frustrating to see this in action after our most recent community cleanup prior to the Tidy Towns judging. Litter everywhere! We had been planning to go and get some bags and gloves to clear it, then lo and behold....out comes the crew at The Blarney Launderette and with a few sweeps of the brush, the rubbish was removed! Wouldn't it be just fantastic if we all took care of the patch outside our own front door? It seems such a small thing but collectively adds up a very clean Blarney. We feel it's time to acknowledge the many that do just that... and even better ...copy them!

This month's inaugural An Bhlarna Award is sponsored by [www.irishmadegifts.com](http://www.irishmadegifts.com) and goes to Blarney Dry Cleaners and Laundry. Can you think of anyone better to kick off this monthly anti-litter award than a company that specialises in cleaning? We think not.

If you have any suggestions for next month's award be they man, woman, child or business just drop us a line here at [muskerrynews@eircom.net](mailto:muskerrynews@eircom.net).

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**BLARNEY**  
CHAMBER OF COMMERCE

## The Blarney Person & The Young Sportsperson of The Year 2013



www.blarneycommunity.net

### June Blarney Person of the Month is Adrian O'Connell

Popular Blarney man Adrian O'Connell is this month's Blarney Person of the Month. Adrian is one of Blarney's unsung heroes who works away quietly in the background doing many of the jobs that require a lot of work but receive no recognition. Adrian received multiple nominations including those from Blarney Tidy Towns and Blarney Chamber of Commerce which are printed below.



#### BLARNEY CHAMBER OF COMMERCE

Adrian O'Connell's recovery truck and landcruiser seem to be part of everything that is good about Blarney. At any event, at any time, Aido is there lending a hand and mucking in. From delivering barriers and stages to events, to bringing radio stars on tour, Aido is your man. And, as anyone who knows Adrian will tell you, 'If you're in trouble he's there on the double!'

**Damian Boylan, Chairman**  
Blarney Chamber of Commerce

Adrian O'Connell's name now goes forward with previous monthly winners John O'Donoghue, Dan Ahern, Gaelscoil Mhuscraí Parents Committee, John and Margaret Finnerty and Martin O'Shea, to the overall award of Blarney Person of The Year Award 2013 which will be announced at a ceremony in January 2014.



**John O'Donoghue**



**John and Margaret Finnerty**



**Dan Ahern**



**Gaelscoil Mhuscraí**



**Martin O'Shea.**

### DO YOU KNOW SOMEONE WHO DESERVES A BLARNEY PERSON OF THE MONTH AWARD? THEN LET US KNOW...

The awards aim is to recognise achievement, leadership and altruism so that others may be inspired to follow. You can nominate anyone who's contribution has singled them out as deserving of recognition, be it in community, sport, business, arts, family or indeed from any sector or activity in our community.

Send your nomination with the name of your nominee and the reason you wish to nominate them (along with your name, address and contact details) to Blarney Person of The Month Awards, The Muskerry News, Church View, Blarney or by email to [muskerrynews@eircom.net](mailto:muskerrynews@eircom.net)

### Blarney Young Sportspeople of The Year

This month's Blarney Young Sportspeople of the Month are Blarney U13 camogie team, pictured here with mentors St John Cremen and Esther McCarthy, who won the John Kerins memorial tournament yesterday. The tournament was organised by Mayfield gardai and 12 teams competed. Sadbh McCarthy captained Blarney and Olivia Murphy won player of the tournament. They played 5 matches in total and were deserving winners. Congratulations to all the girls who did Blarney proud.

This month's award was sponsored by Ray and Margaret Buckley, Buckley Security Systems.



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Wednesday 9.30am - 5.30pm  
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Friday 9.30am - 7.30pm  
Saturday 9am - 5pm

NO APPOINTMENT NECESSARY



*Pamela and the girls would like to thank all their loyal customers for their support during the last ten years - here's to the next ten!*



**WHEELCHAIR  
ACCESSIBLE**



**There were no 'Wooden Hearts', but plenty of smiles at the innovative woodwork Summer Camp run by Peter Frech and Karl Dorney that finished last week at Scoil Mhuire gan Smal.**



Denis Murphys class in Headway Ballincollig harvesting the fruits of their hard work over the last couple of months.



**Blarney Blooms as Blarney Chamber of Commerce and Blarney Tidy Towns install twenty magnificently filled flowering containers around the village. Lots of people contributed to, and worked hard on, this project but a special thank you must be made to Olwen Venn and Denis Murphy.**



**Shournagh Childcare  
currently have vacancies  
for Playschool Places  
August / September 2013  
(Free Playschool Scheme)**

**Contact Claire  
021-4385136**



# FAMILY Fun Day

Join in the BBQ & fun in aid of  
**The Irish Cancer Society**

20<sup>th</sup>  
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# Imeachtaí Deiridh na Bliana ag Gaelscoil Mhuscraí!

Bhí cúpla seachtain an-ghnóthach ag Gaelscoil Mhuscraí ag druidim i dtreo deiridh na bliana. Bailíodh roinnt mhaith airgid don Cope Foundation & do Chumann Chroí na hÉireann. Deineadh bronnadh orthu ar scoil. Ghlac aintín Kate Ní Loingsigh ó Naionáin Bheaga leis an seic don Cope Foundation.

Gaelscoil Mhuscraí had a busy few weeks before closing for the summer break! During the year a Skipathon and a Denim Day were held in aid of the Irish Heart Foundation and the Cope Foundation, Cork. Presentations were made to these charities by 5th and 6th Class and by Kate Ní Loingsigh, whose aunt Marian Ní Eatháirn works with Cope.

**Chuaigh na Naionáin agus Rang 1 ar Phicnic na dTeidí go dtí Caisleán na Blárnan. Bhain siad ard-sult as an dea-aimsir agus as na cluichí a d'imir siad faoi scáth an chaisleáin!**

Juniors, Seniors and First Class went on a Teddy Bears' Picnic to Blarney Castle. They very much enjoyed their day out in the sunshine, as did their teddies!

**Bhí Lá Spóirt ag an scoil a cuireadh ar siúl ag an bPáirc C.L.G. Ní hamháin gur rith na daltaí iad féin ach ghlac na múinteoirí páirt sa Rás Spúnóige & Práta!**

The school Sports' Day was held at the end of the year and all gathered at the G.A.A. pitch for the annual races. Not only did the school children race, but the teachers, toddlers and mums and dads too!

**Chur Múinteoir Deirdre an múinteoir damhsa Gaelach, seó iontach ar siúl le déanaí. Ghlac gach rang páirt sa seó agus bhain na tuistí an-**

**thaitneamh as!**

Múinteoir Deirdre, the school's Irish Dancing teacher put on a wonderful end of year show for the children's families. The Infants right up to 6th Class took part in the show. The display clearly showed the progression from the basic steps in Infants to the Waltzing and Set Dancing which the senior classes did.

Bhí Bronnadh na dTeastas ar siúl ag an scoil ar Lá na Saoire. Féachaigí thíos ar na buaiteoirí bródúla!

The last day of school saw the presentation of certificates to the school's award winners. Take a look at the photos of the proud pupils!

**Fuair an scoil nuacht iontach le déanaí nuair a fuaireamar amach go bhfuil an Brat Gníomhach bainte amach againn agus anois tá stádas againn mar Scoil Ghníomhach.**

**Déanfar céiliúradh ar seo sa téarma nua.**

The school was delighted to hear recently that it has been awarded the Active School Flag and now has the official status of an Active School! The school will raise its flag at an award ceremony in the new school term.



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Local volunteer Denis O'Donovan collects print cartridges and items for recycling on behalf of the hospital throughout the county to raise funds for life saving equipment at The Mercy Hospital.

**If you can help and would like to sign up to the recycling campaign contact Denis O'Donovan on 087 2690776 or by email to [djodpc@gmail.com](mailto:djodpc@gmail.com)**

## St. Lachteen's Donoughmore celebrate the end of a busy school year

**St. Lachteen's National School, Donoughmore recently celebrated receiving their second Green Flag at a reception held at Silversprings Hotel.** The flag was raised by Cork City F.C. player Colin Healy and the occasion was marked by a celebration of pupils, teachers and parents. The Green Schools Committee comprised of pupils from each class have worked tirelessly under the guidance of Ms. Susan O' Hanlon for the past school year in preparation for getting their second green flag. Energy conservation was the main focus for this green flag and pupils put in a tremendous amount of work to ensure lights were switched off and electrical items were unplugged when not being used.

**The pupils had a second reason to celebrate on the day also, as they had been planning to make a surprise presentation to the school principal Ms. Deirdre Kelleher on her upcoming wedding in July.** The pupils had been excited about their little secret and were relieved to finally reveal the surprise they had been keeping with the help of their teachers. The teachers, staff, pupils and parents wish Deirdre and her fiancé Ger the very best for the future and hope their wedding day will be filled with cherished moments.

**Meanwhile the school were thrilled to have had the opportunity to establish links with a school from Freshford Co. Kilkenny, Scoil Lachtain over the past few months.** The Kilkenny school were interested in developing a relationship with a Cork school linked to the same saint as themselves, St. Lachteen. Pupils from both schools have been exchanging letters and learning about each others schools, lives and counties. The pupils are delighted to have a pen pal from Kilkenny. As part of the twinning of the two schools and in keeping with The Gathering 2013 Scoil Lachtain visited St.

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Lachteen's N.S. for their school tour. Their visit coincided with the annual school sports day in Donoughmore and great fun was had when the schools amalgamated to take part in the scheduled sporting events. As part of The Gathering the Kilkenny school presented the Donoughmore school with a beautiful framed sketch of St. Lachtin's Arm, the logo which features on the school crest in Donoughmore and is also the crest for Donoughmore GAA and Community Centre. Both schools are united in their historic link to St. Lachteen, and students felt very proud to be gathered together in recognition of their patron saint.

**An end of year celebration to mark the graduation of 6th class pupils took place on Tuesday 17th June.** Parish priest Fr. O' Riordan and Fr. Downey concelebrated the mass at St. Lachteen's Church and prayed for the pupils as they make the transition from primary to secondary school. A graduation ceremony was held following the mass in the school hall and certificates were presented to the pupils by Millstreet teenager Joanne O'Riordan. As part of a class project organised by Mrs. Mairead Harrington, a 4th class student Maevé Barrett, had written a letter to Joanne and was thrilled to receive a letter of reply from the North Cork girl who has total amelia and was born without limbs. Maevé went one step further and invited Joanne to their school as she is seen as a celebrity by pupils in Donoughmore owing to her "no limbs no limits" attitude to life. Pupils were delighted to meet Joanne and found her words of encouragement on the day to be very inspiring. A very busy and successful school year has come to an end. The staff of St. Lachteen's wish their graduating pupils the very best when they begin their secondary school journey in September and wish all of their pupils a great summer.



Joanne O'Riordan, 6th class graduating pupils, 6th class teacher Ms. Aislinn Sexton.



Dick Kennedy Scoil Laichtin Kilkenny presenting Mr. Barry Condron St. Lachteen's Donoughmore with a sketch of St. Lachteen's Arm as part of the 2013 Gathering celebrations in Donoughmore.



Tim Holland, Ross Oil making a presentation as they become official sponsors of St. Lachteen's National School Basketball team.

Green Flag being raised by Colin Healy Cork City FC, Green Schools Committee Teacher Ms. Susan O' Hanlon, Senior Infants pupil Patrick O'Rourke and Ms. Caitrin Murphy.



St. Lachteen's National School Donoughmore Past pupils Jenny Brew Dinan and Amy Rose O' Rourke players on the Cork Football team in the upcoming All Ireland Ladies Football Finals. We wish them the very best from all at St. Lachteen's N.S.



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## FABULOUS LOCAL TALENT ON DISPLAY AT BLARNEY PHOTOGRAPHIC CLUB EXHIBITION



## BEHIND THE CASTLE WALLS

*with Adam, Head Gardener,  
Blarney Castle*

June has been a pretty good month here in the gardens. We have had plenty of sun, and actually had to start watering a lot of our newly planted areas. Growth rates increased significantly over the last few weeks and our herbaceous borders are now starting to look impressive.

In the glasshouses our peaches have ripened and the nectarines, apricots and grapes are all coming along nicely. Pretty good crops all round. The strawberries did well this year and by planting a batch indoors we extended our fruiting season. We used old guttering hung from the roof supports of our poly tunnel. It used very little space and provided a perfect growing environment. There will be plenty of jam made this year!

We have just completed the rebuilding of the banks at the Himalayan walk. This had previously been excavated and used as a dump and storage area. It was a bit of an eye sore and a large mature yew tree was suffering as a result of exposed roots. We needed to bring in 200 tonnes of soil to bring the levels back up to match the rest of the area. Now all that remains is the planting up. We will be putting native trees at the back of the bank, and rhododendrons along the front.

Jobs for July will include pinching out tomatoes and cucumbers side shoots, thinning growth on our grape vines and also thinning the fruit to improve the overall crop. Ongoing watering and feeding is very important. We feed every second week with phostrogen for the ornamentals and seaweed for the vegetables. In this dry weather you should make sure the plant has been watered prior to feeding it so that it does not take up too much too quick. Hedge clipping will be a big job here over the next few weeks. It's always nice to get the fluff back off and tidy things up a bit. We will also be summer pruning in the orchard later this month.

Now is a good time for taking cuttings in the garden. Many shrubs will root readily and it's a good way of increasing your plants without the expense. I always encourage plant swapping and if you have a few spares then it gives you something to bargain with. We will be taking cuttings from a lot of our rarer trees and shrubs over the summer and autumn. Not only will it give us material for swapping with other gardens, but it will also act as a back-up stock should one of the mother plants die.

Blarney in Bloom was on Saturday 13th July from 10am – 5pm and was a great event. For those that missed it, there was a huge amount going on around the estate including specialist plant nurseries, garden equipment and a farmers market, family orienteering, birds of prey, garden talks, arts and crafts demonstrations and children's entertainment. It was a great value family day out and of course all to the benefit a very worthy charity, Irish Guide Dogs for the Blind. Same again next year!

I look forward to seeing you in the gardens. Adam

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CLOGHROE, BLARNEY, CO. CORK



Ireland's first ever 'Bug Festival' is taking place in Millstreet Country Park on Saturday 20th and Sunday 21st of July, responding to a phenomenal

surge in interest in bugs and their buzziness from young enthusiasts. The 500-acre park has grown increasingly popular as a fun-filled family

destination and the bug hunt has emerged as an out and out favourite amongst children of all ages. The bright young things of generation Y are ditching their hi-tech gadgets, turning their natural curiosity to the underbrush and, with the help of on-site ecologist Lorna O'Mahony, discovering a fascinating world of creepy crawlies, frogs, damselflies, and other inhabitants of the lush undergrowth.

The action will kick off each day at 2pm with an intrepid Bug Hunt; daring young explorers set off into the woodlands equipped with beating trays, sweep nets and pooters. Boys and girls then get up close and personal with Millstreet's miniature world of wonder, admire the beautiful bugs and learn fascinating facts about each one. Families can then take up the challenge of an exciting Treasure Hunt, gathering letters and solving the various puzzles. Topping the day off with a visit to the Arts and Crafts Area, budding young ecologists can learn to make their own pit fall trap – a great keepsake from a day full of wilderness adventure! For the younger guests, 'The Tree House' in the woodlands also proves a very popular attraction; the house attracts several species of bird, and includes an picnic spot; perfect for families to kick back and bask in all that is good about country living.  
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Sunday 30th Tom Daly

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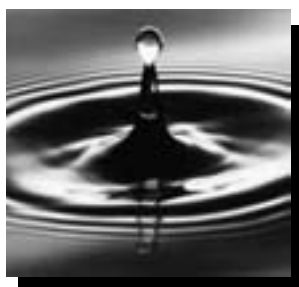
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## Knocknaheeny Hollyhill Community Garden opened by then Lord Mayor, Cllr. John Buttimer just in time for the sun! *pics Mike English*



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## Dental Matters

with Dr. Jill McKenna BDS MFDS.  
**Onslow Gardens Dental Practice**

### Brighter, Whiter Smiles!

Our Smile is often the first thing others notice. Whiter, brighter teeth can give us more confidence and make that smile all the more ready to appear. A beautiful smile is now much more readily achieved than ever before.

The first stage to obtaining a beautiful smile is to ensure that the teeth and gums are healthy. Visit your dentist regularly for a check up so that any cavities or gum problems can be treated early before they turn into bigger problems. The sooner problems are detected the simpler they are to treat and the less noticeable they will appear. Everybody with PRSI cover and a Medical Card (over 16 years old) is entitled to a free dental check up once a year.

There are many causes of tooth discolouration. The most common are smoking, coffee, tea and red wine. An extensive scale and polish can sometimes remove the majority of these stains without any further treatment required. Deeper more extensive discolouration however may require further treatment such as tooth whitening.

Tooth Whitening is suitable for most people as long as the teeth and gums are healthy. So called whitening products are available in the supermarkets and Pharmacies, these have been found to have limited affects on discolouration due to the amount of bleaching agent contained. EU directives have limited the strength of whitening agents sold over the counter to less than a tenth of that which can be prescribed by your dentist.

The steps involved in tooth whitening are simple. Impressions of your teeth are taken by your dentist from which special custom fitting trays (like thin mouthguards) are made. Whitening gel is then placed in your custom trays which fit snugly over your teeth. The whitening gel breaks down and oxygen 'dissolves' the stains inside your teeth. You can wear the trays when you want to, over night or any time during the day. The whitening gel is available in different strengths and your dentist can recommend the best product to suit your teeth and lifestyle. Everybody's teeth will whiten at different rates but on average excellent results are obtained after about 5-14 days. The results will last indefinitely although can be refreshed when required if restaining occurs (coffee/tea/smoking!) Clinical studies have shown that bleaching using this method is safe for teeth and gums. A minority of people may experience temporary sensitivity to hot and cold.

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(left to right) Lord Mayor Cllr John Buttimer with Noel Casey, FRTS, Mick Moriarty, The Baldy Barber, Carla Manning, CACM Accountants, Rachel Healy, Healys Bakery and Michael Finn,

Northside Glass at the launch of the Economic Development Programme for the Northside of Cork in the Kiln at the Heineken Brewery.

*Picture Darragh Kane*



Pictured at a recent training day for the newly installed defibrillator at Tower Shopping Centre which has been generously donated to the community by Pharmacy First Plus and O'Leary's Centra Tower.

## Lower Lee (Cork City) Flood Relief Scheme (Including Blackpool & Ballyvolane) Public Consultation

**The area of interest for the  
Lower Lee extends from  
Inniscarra Dam downstream to  
and through Cork City.**

Members of the public are invited to  
attend a Public Information Day at:

**Cork City Hall**  
on Wednesday 17<sup>th</sup> July 2013  
from 3pm to 9pm

Members of the Design Team  
(Arup Consulting Engineers / JBA Consulting)  
and Environmental Team  
(Ryan Hanley / McCarthy Keville O'Sullivan) will be present.

In association with:





Cathie O'Neill, Headway Ballincollig, recently visited Ballincollig Youthreach to receive a Ballincollig Youthreach banner for the Linking Hands project. As part of the Linking Hands project, a group of local community activists have come together in an effort to make history and raise money for two local charities – Headway and The Gunners. The project aims to gather the world's largest collection of handprints together in one place. Cathie stated 'the whole point of the Linking Hands project is to reach everyone in Ballincollig, get them involved and pay tribute to the community spirit shown by so many clubs, organisations, schools and groups in the area'. Learners at Ballincollig Youthreach bought 12 inch squares of material and drew their open hand, symbolising the hand of friendship and togetherness. Each learner added their own individual design to complete their square. In August, all community handprints will be linked, joined and threaded through the thoroughfare of Ballincollig.



Recently learners from Ballincollig Youthreach gave their time and energy collecting money for Cork Association for Autism. Nikita, Chelsea and Cathrine were willing and dedicated in supporting CAA. CAA provides Person Centered Care based on the principles of social inclusion, fulfilling the potential of those in their care and working in partnership with families and parents.

Bad luck stone returned to Blarney! This is the largest and most recent arrival from a collection of 'Blarney stones' that have been posted back to Blarney Castle from all corners of the world after their 'owners' started to have bad luck after they took home a piece of stone from Blarney Castle. Makes you wonder...



### Cloghroe N.S. raises 3rd Green Flag

Sandy McGroarty, Green Schools Officer, raised the 3rd Green Flag achieved by Cloghroe National School at a ceremony in the school on Monday June 24th. The flag is awarded for outstanding achievement in improving the environmental quality of the school and community in relation to water in 2012/13.

The project was spearheaded by three members of staff and a student group of eight children and supported by the entire school. Ms. McGroarty praised their efforts at reducing water usage in such a large school and encouraged them to start the journey for the next flag in September, which will be in the area of transport.

The green schools committee were teachers Mrs Goden and Miss Leonard and pupils Cathal Ring, Aoibhinn Daly, Josh McGee, Amber O'Keeffe, Sophie O'Connell, Sarah O'Keeffe, Caoimhe Buckley and Ellen Murphy.

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International sopranos are Cork persons of month. Majella Cullagh, Mary Hegarty and Cara O'Sullivan have been named Cork Persons of the Month to mark their glittering careers to date and for being cultural ambassadors for Cork throughout Ireland and abroad. Their names now also go forward, for possible selection as Persons of the Year

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Patricia Dennehy, John Joe Buckley, Colin and Tara Mullaly and dog Roxy at the Crookstown Walk in aid of Guide Dogs for the Blind on Sunday.

*Pictures: Mike English*



Marie Goulding, Mary Murphy and Sheila O'Rourke at the Crookstown Charity Walk.



Deirdre Fitton, Mary Melleney, Mary Kenneally and Fiona O'Driscoll taking part in the walk.



Sheila Carroll, Kitty O'Callaghan and Cllr. Derry Canty, Ballincollig with Padraig Mallon, CEO Irish Guide Dogs Association, prior to the walk.



Sarah and Olivia O'Driscoll took part in the Annual Walk.



John Joe Buckley, Betty O'Regan, Oran Horgan and Margaret O'Leary relax before the start of the Crookstown Walk in aid of the Irish Guide Dogs.



The Morley family, Ciara, Denis, Conor and Robyn from Cloughdubh with dog, Kenny.



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Deputy Lord Mayor Cllr. Joe Kavanagh, Ms. Noreen O'Connor and Noel Magnier at the launch of the New Distillery Bar/Cafe on Watercourse Road. *Pictures: Ger Bonus*



David Hayes, Kinsale, Ms. Vicky O'Connor, Paddy O'Connor, Blackpool, Deputy Lord Mayor Cllr. Joe Kavanagh, Ms. Noreen O'Connor and Cllr. Tony Fitzgerald.



Pictured at the launch, Laura Kenny, Wilton and Jack O'Sullivan, The Glen.



Keeping it in the family. Ms. Noreen O'Connor, Anthony & Regina O'Connor, Ballyvolane and Ms. Vicky O'Connor, Proprietor pictured at the launch of the new Distillery Bar/Cafe in Blackpool.



Kieran O'Donovan, Cork City Council, Alan Moynihan, Fairhill and Charles O'Mahony, The Glen.



Denis O'Donovan, Mercy Hospital Foundation, Kieran Barry, New Furniture Centre, Marie Foley, The Glen and Ann Barry, Farranree.



At the launch were Ms. Noreen O'Connor, Cathedral Road, Kathleen Stanton and Joan O'Connell, Connolly Road.



Pictured at the launch of the new Distillery Cafe/Bar in Blackpool were Donal Foley, Banduff and Carmel Hallissey, Blackpool.



Deputy Lord Mayor Cllr. Joe Kavanagh pulling a pint under the watchful eye of Proprietor Ms. Vicky O'Connor.



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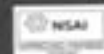
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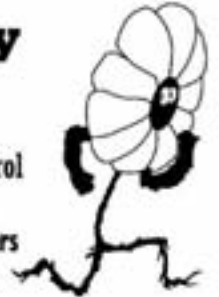
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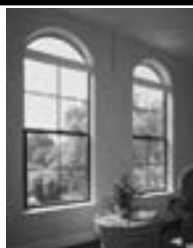
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# Sports Round Up.....



Muskerry Golf Club lady members photographed on occasion of the Frances Jermyn (centre front row), Lady Captain's Prize presentation function. Winner, Julia Daly, is in front row sixth from right.  
*Picture: Mike English.*

Niall O'Keeffe (back, right) 6th. black belt, Chief Instructor at Blarney Tae Kwon Do Club, photographed at recent training session with Gerry Daly (yellow belt) and youth members, Ross Doyle, Bishopstown, Daragh Buckley, Blarney, Jake Ryan, Blarney, Jodie Buckley, The Glen, Sam and Alex Loftus, Dublin Pike.

*Picture: Mike English.*



Elizabeth Murphy and John Corbett (Grenagh), members of Blarney Tae Kwon Do, who received their 1st. Dan Belts at grading examinations in Holland, photographed with instructors, Frank Doyle (3rd. black belt) and Niall O'Keeffe (6th. black belt).

*Picture: Mike English.*

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### Marathon Medals for Ballincollig Youthreach

Ballincollig Youthreach staff and learners happily display their team relay medals at the City Hall, Cork. Left to right: Thomas Jones, Bob Nugent, Cheyanne O'Driscoll, Cathrine Power, Pat Sexton, Nikita Hogan, Anthony Cahill and Breda Dennehy



Sponsor, Paddy O'Leary, Centra Tower, presents the Muskerry Golf Club Intermediate Scratch Cup to Gary Morris, Macroom Golf Club, winner with a score of 79 gross. Included is Bill Mullins, President Muskerry GC. *Picture: Mike English.*



Emily and Danni Coleman from Blarney pictured at the official launch of the 13th Annual Tour de Munster, a four day charity cycle which takes place this year from Thursday 8th to Sunday 11th August. It will see 120 amateur cyclists cycle over 600km around the six counties of Munster, in aid of beneficiary for the fourth year in a row - Down Syndrome Ireland.



Ballincollig girls, Katie Jones (Scoil Barra) and Alison Ni Mhathuna (Gael Scoil Ui Riordain) selected on the Cork Primary Games camogie team to play Limerick. *Picture: Mike English*



Blarney Competitors in CIT who qualified for the finals of the Community Games.



Northside and District Sports Award, May winners; presented to Castlevew Football Club, FAI Youth Winners at the Ambassador Hotel. Patricia Barry, Events Manager, Ambassador Hotel, main sponsors presenting the platter to Conor O'Mahony team captain with Tony Fitzgerald, Vice President FAI; Deputy Lord Mayor, Cllr. Patricia Gosch; Catherine O'Connell, Gurranabraher CU; Peadar O'Leary, MSL; Rodney Power, chairman, Castlevew FC; Onoir O'Brien, Red FM, Media sponsors and Richard Browne, Cork Youth League

*Pictures; Gerard Bonus*



Pat Cummins, treasurer, Castlevew FC; Rodney Power, chairman, Castlevew FC and Daniel Buckley, Gurranabraher CU, award sponsors

Players; Kieran Kavanagh, Dylan Fenton and Patrick O'Donoghue 'Podge'.





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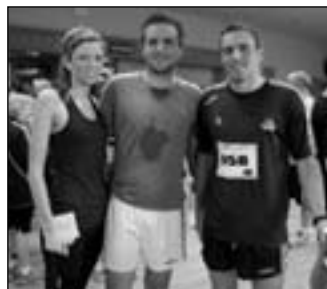




Sinead O'Connor 1st lady home  
Pictures: Ailish Murphy



Daithi Creedon 2nd place  
pictured here with Tim Holland  
of Ross Oil



Evelyn McCarthy pictured with  
brothers Bryan and John Kelly



Gillian Healy and Helena Murphy  
prior to the Belle of Ballincollig  
Road Race.



Ballincollig GAA Club members who took part in the Belle  
Festival Road.



Una Lynch and  
Sorcha MacManamon



Jim McGillicuddy,  
Lynda Quirke and  
Ciaran Hyland prior  
to the 5k Race



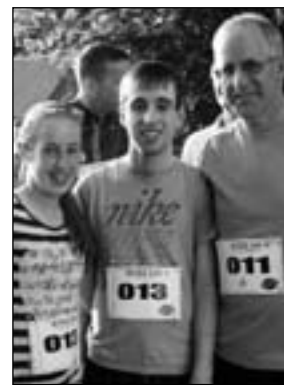
Marian Carey and  
Niamh Lyons.



Sinead O'Connor and  
Michael Herlihy.



David Butler



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Younsters who took part in the J4F (Just4Fun) Summer Camp at Donoughmore, Blarney, Co. Cork. *Photos Billy macGill*



Edel Buckley the Cork Rose from Donoughmore with some of the kids taking part in the J4F (Just4Fun) Summer Camp.



Edel Buckley the Cork Rose from Donoughmore watching the sumo wrestling.



Edel Buckley the Cork Rose from Donoughmore showing her slingshot skills at the J4F (Just4Fun) Summer Camp.



Edel Buckley from Donoughmore meets young admirers at the Summer Camp.



Edel Buckley with some of the kids.



Block Builders...Jack Lawlor (Dripsey), Callum Donoughue (Blarney) and Liam Cotter (Dripsey) pose for a picture



Kids enjoying sumo wrestling.



Laura and Ailbhe Twomey from Donoughmore having fun.

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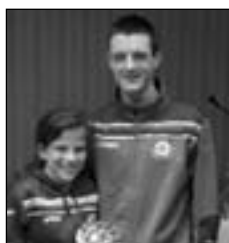
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# BLARNEY UNITED FC NEWS



## A year of excellent soccer was recognised at the recently held Blarney United FC awards night



	POTY	PPOTY	MIP	GB	
U16A	Martin O'Sullivan	Jamie Higgins	James Walsh	John Stanton	
U16B	Euan Lindsay	Pat O'Connell	Adam Ahern	Matthew Forrest	
U15A	Mikey Cronin	Patrick Crowley	Dylan O'Riordan	Ross O'Keeffe	
U15B	Adam Cotter	Darragh White	Sean Corcoran	Tom O'Flaherty	
U14A	Adam Drummond	Declan Hanlon	Barry Dennehy	Brian Walsh	
U14B	Ronan McGee	Daniel Murphy	Dara Walsh	Alex Butler	
U13A	Stephen Mulnane	James Doody	Cian Power	Conor Bowdren	
U13B	Michael White	Jack O'Keeffe	Fergal Cremin	Mark Cummins	
U12A	Daragh Hurley	Padraig Power	Jake O'Leary	Cian Dunlea	
U12					
GIRLS	Liz O'Connor	Edel O'Raw	Sinead Corcoran	Amy Corkery	
U14 GIRLS	Claire Barry		Chloe Madden		
Overall GK	Conor Hogan				
Overall Shoy	Peter Blake				
Cork Boys	Conor Hogan	Conor McCarthy	Patrick Crowley		
Cork Girls	Edel O'Raw	Katie Buckley	Sinead Corcoran	Amy Corkery	Liz O'Connor
Irish Schools	Gavin Kilgour				



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Cloghroe NS, winners of Roinn C1 at the Allianz Sciath na Scol finals. Included is Alan Heelan, mascot, who was celebrating his sixth birthday.



Cheering on Cloghroe NS at the Allianz Sciath na Scol camogie finals.



Come on Cloghroe. There was great support for Cloghroe NS camogie team.



Rathpeacon NS who were runners up to Togher in Roinn C5 at the Allianz Sciath na Scol camogie finals at Pairc Ui Rinn.



Cloughdubh NS winners of Roinn DC4 at the Allianz Sciath na Scol camogie finals at Pairc Ui Rinn.



Cloghroe NS supporters were out in force at Pairc Ui Rinn, cheering on their camogie team



Sisters, Clare, Leah and Roisin O'Donovan jumping for joy following Carraig na bhFear's win.



We've won. Carraig na bhFear ladies celebrate following Scoil an Athar Tadhg's win.



Scoil an Athar Tadhg, Carraig na bhFear, celebrate their win in Roinn DC1.



Carraig na bhFear supporters at the Allianz Sciath na Scol Finals at Pairc Ui Rinn.



Cloghroe NS vice captain, Grace Leach and captain, Eva Heelan jumping for joy following their win over Dungourney at the Allianz Sciath na Scol Camogie Finals at Pairc Ui Rinn.

Pictures: Mike English

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Diced chicken cured in fresh spices and gently tossed on Baltie.

**Korma** ..... €14.95  
Chicken or lamb, mildly spiced with touch of seasoning, onions, cream, yoghurt and nuts.

**Lamb Karahi** ..... €14.95  
Diced lamb in curry sauce, delicately flavoured with herbs, spices and cooked in a special Indian souk.

**Chicken Khata-Meetha**..... €14.95  
Chicken in sweet & sour sauce with onion and green peppers.

**Prawn Jal Frezi (Hot or Med)** ..... €14.95  
Prawns cooked with onion, capsicum, tomatoes and fresh ginger.

**Vegetable Baltie** ..... €12.95  
Seasonal vegetables with touch of spices and herbs.

**Shahi Vegetables Korma**..... €12.95  
Fresh vegetables with touch of yoghurt, cream, herbs and nuts in a mild sauce.

**ALL ABOVE MAIN COURSES SERVED WITH  
PILAU RICE OR NAN BREAD.**

# Monthly M **toring...**

**Blarney Vintage Club**  
*Blarney Vintage & Classic Car Festival*

**SEPTEMBER 7th - 8th, 2013**  
**AT THE BLARNEY GOLF RESORT**

FIND US ON FACEBOOK

Festival opens with the Chris Pardon Memorial Classic Car Run, HEADING TO A NEW MYSTERY VENUE !!!  
BBQ on Saturday Evening  
Static show on Sunday  
Peoples Choice trophy for best overall car with many more trophies.  
Best dressed ladies competition  
Children's activities  
Top quality live Music  
... and plenty of entertainment

**TWO GREAT EVENTS IN ONE WEEKEND!**

**2 NIGHTS B&B**  
for two people  
- only €149 or  
hire a Lodge  
(for four) - 2  
Nights Self  
Catering - €199

**BLARNEY GOLF RESORT 021 4384477**

Special packages online at [www.blarneygolfresort.com](http://www.blarneygolfresort.com)  
Also local B&B rates - Contact Blarney Tourist office on 021-4381624  
For further details contact Deirdre on 086 2227814

Jim O'Leary, Manager Ballincollig Shopping Centre, handing over sponsorship cheque to John O'Leary, President Ballincollig and District Vintage and Classic Car Club ahead of their Vintage Festival to be held at the Shopping Centre on 27 th. and 28 th. July. Included are club members Tim O'Mahony, Kevin McSweeney, Paul O'Donovan, Finbarr Hennessy and George Leach.

Picture: Mike English.



Photographed at the hand over of Ford Transit Vans 2013 to Cork GAA Hurling and Football teams were Michael Mullins, Sales Director CAB Motor Company (Centre) who presented the keys to Jimmy Barry Murphy and Conor Counihan, Hurling and Football Managers respectively, Pat Keane, driver, Colm O'Buachalla, Sales Director Lease Plan, Diarmuid O'Donovan, Cork GAA Administrator, Mick Curtin, Driver, Dave O'Driscoll, Sales Director Ford Ireland and Pat Harte, Sales Manager, CAB Motor Company.

Picture: Mike English.

## CASEY MOTORS

**ALDERLAND • WATERLOO • BLARNEY**

Service & Repair of  
Cars • Vans • Light Commercials

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Mobile **087 • 2096018**

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## BALLINCOLLIG TYRE CENTRE

at Unit 3, Westpoint Trade Centre,  
Link Road, Ballincollig, Co. Cork.  
(Near M.D. O'Sheas)

**Free Tyre Check • Alloy Wheel Repairs • Batteries**

**Computer Wheel Alignment • Wheel Balancing**

**Puncture Repairs while you wait**

**Tyres - all major brands • Windscreen Wipers**

**HOURS OF OPENING:**

Mon.-Fri.: 9am-6pm • Saturday: 9am-5pm

ALL MAJOR CREDIT CARDS ACCEPTED



Contact: **Matt Kavanagh**

**Tel: 021 4860777**

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**WE ARE NOW  
BUYING ALL TYPES  
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STAINLESS, CABLE ETC.

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MOTORFACTOR**

College Commercial Park,  
Dennehys Cross, Cork

**Phone 021 4542888**

ALL CAR PARTS FOR SERVICING AND NCT REQUIREMENTS  
IN STOCK • SPECIAL OFFERS INCLUDING

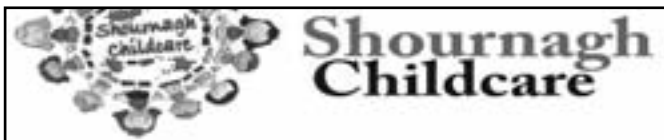
**10% DISCOUNT WITH THIS AD**

FREE BATTERY TEST CENTRE

All this also available from our Commons Road branch  
**Phone 021 4397934**

# Classified & Personal..

## Situations Vacant



**Shournagh Childcare Blarney**  
have a full time position for a  
childcare assistant.  
Must have at least FETAC  
level 5 in Childcare.

email CV to lyons5@eircom.net

## Property to let

**Charming, immaculate  
house to rent in Station Road  
area of Blarney.**

Suit professional single /  
couple. 10 minute walk to the  
village. 450 per month  
including refuse collection and  
wifi. Phone 087 9930004 after  
6pm any day.

## Services Available

Sewing Alterations

Curtain Making

Zips 5 Hems 5

Waists in/out 10

Vicky Dawes Blarney  
087 9018940

Career Services

Pauline Lane 087 9066350

## Childcare

**Eileen's Playschool  
8 Glincool Drive, Maglin,  
Ballincollig**

Places available for Sept  
2013/14. Long established  
playschool with qualified staff  
HSE fully compliant  
Free playschool year (ECCE)  
All enquiries welcome  
Contact Eileen 4871779 / 086  
0563176

## Babysitting

16 year old babysitter available  
to babysit after school and on  
weekend nights. Very  
dependable, experienced and  
reliable. Blarney/whitechurch  
area. Please contact 085  
1171261

## Services Available

**O'Connell Window Cleaning  
Blarney  
Contact Donal  
087 6592697  
or 4383407 (after 6pm)**

Grinds

Qualified and experienced  
secondary school teacher  
Blarney/Grenagh area  
Leaving and Junior Certificate  
Maths (Higher and Ordinary)  
Leaving Cert Biology  
Junior Cert Science  
Call Laura on 087 9460162

It's time to clean your carpets!  
Blarney Carpet / Upholstery  
Cleaning Service.  
No job too small. 087 6384396

## Downey Cleaning Specialists

Commercial Industrial  
Residential  
Specialists in Flood and Fire  
Damage  
Contact Jeremy at 4516901 /  
087 2372213

Thinking or doing a computer  
science or any computer  
course in college this year or  
next year?

Want or need to learn  
computer programming or  
building websites?

One to one grinds ( 6 an hour)  
available, or classes if people  
wish.

Perfect for anyone going into  
college or wanting to learn to  
hack, build or learn anything  
about computers.

Contact 085 1499082 anytime  
for more details

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Old and new floors sanded and  
varnished

Floor fitting service

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www.downeyfloorsanding.com

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Qualified service  
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approved instructor. Very  
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Car available for test.  
Gift vouchers available.  
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quality and full range of top brands,  
delivered and set up for you.  
087 7077455**

Latin Mass 12noon Sundays  
St Peter and Paul Church  
Cork City

A Sikh temple is now open on  
the Carrigrohane Road in the  
former John A Wood premises  
for morning and evening  
worship.

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issues in family, business,  
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Work through and resolve the  
difficulties with the help of  
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(MII/Friarylaw)  
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rvices.com

## Thanksgiving

Novena to the Sacred Heart.  
Dear Heart of Jesus, in the past  
I have asked for many favours.  
This time I ask you this very  
special one. (Mention favour)  
Take Dear Heart of Jesus and  
place it within your own broken  
heart where your father sees it.  
Then in his merciful eyes, it  
will become your favour not  
mine. Amen. Say this prayer for  
three days, promise publication  
and favour will be granted.  
Never known to fail (JDH)

## Classifieds & Personal

Personal Classifieds Free, Thanksgiving €10  
Business Classifieds, prepay €10 for 20 words

Name.....  
Address.....

Contact  
Number.....

My Classifieds Advertisement is.....

Send your classifieds advertisements to  
The Muskerry News, Church View, Blarney, Co. Cork  
or email us at.... northcitynews@eircom.net

Now in Glanmire, a local clinic is helping fibromyalgia sufferers have less pain, more energy, and enjoy life.

## If You Suffer From Fibromyalgia, It's Not Your Fault!

Clinical studies have shown the majority of fibromyalgia patients started having symptoms after a traumatic event like a car accident, work injury, or a fall.

If you suffer with fibromyalgia or chronic fatigue, you know how demanding life can be.

One fibromyalgia patient said it like this...

*"For people who take good health for granted, it's hard to imagine a condition that makes simple tasks great tests of will and determination."*

### Do You Have Any of the Following Symptoms?

- **Aching all over**
- **Disturbed sleep**
- **Tender points in the neck & shoulders**
- **Recurring headaches**
- **Fatigue & Stiffness**

Contrary to what some people believe, you're not lazy or crazy. Fibromyalgia is a real disease with real pain.

Maybe your past doctors don't even think fibromyalgia is a real disease, but you know it is. You feel it every day -- when you wake up in the morning, when you try to keep your house cleaned...even simple tasks like cooking dinner become a chore.

Mark Pelligrino, MD (author of *The Fibromyalgia Survivor*), reported that after studying over 2,000 fibromyalgia patients files, he found two-thirds of fibromyalgia patients started having symptoms after a traumatic event like a car accident, work injury, or a fall.

Another study published in the 1997 issue of *Arthritis And Rheumatism*, said **fibromyalgia is 13 times more likely to occur following neck injury than following a leg injury.**

Prescription drugs are at best "masking tape" that covers up the daily warning signs of a painful disease.

Pain pills, even over-the-counter medications, don't fix the cause of your problem. They may be necessary for a momentary crisis, but using them long term is no way to live. Many of these pain medications are quite addicting and have very real side effects.

**Have you been everywhere, tried everything, and are still suffering?**

Fibromyalgia is often called the invisible disease. You look fine on the surface, but underneath you're often exhausted and in excruciating pain.

My name is Dr. Eric Kelly, owner of Glanmire Chiropractic Clinic. Over the past ten years I've used gentle treatments to help thousands of fibromyalgia and chronic fatigue patients feel better and live healthier, more joyful lives.

Because of this, I'm running a special offer for women with fibromyalgia.

For 15 days only, €40 will get you all the services I normally charge new patients upto €265 for!

What does this offer include?

- An in-depth consultation about your health and well-being where I will listen...really listen...to the details of your case.
- A complete neuromuscular examination.
- A full set of specialized x-rays to determine if a spinal problem is contributing to your pain or symptoms... (NOTE: These would normally cost you up to €195).
- A thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain free.
- I'll provide answers to all your most probing questions about fibromyalgia

The offer is only good until August 2nd. The appointment will not take long at all and you won't be sitting in a waiting room all day either.

### Finally, A Proven Solution For Fibromyalgia Pain

Numerous studies have shown the benefits of chiropractic care in fibromyalgia patients.

Dr. Frederick Wolfe, a well-known investigator of fibromyalgia and clinical professor at the University of Kansas School of Medicine, ran a study on fibromyalgia.

He asked patients to indicate drug or alternative treatments that best relieved their pain.

Dr. Wolfe found that changes in lifestyle worked better than drugs and stated "Chiropractic treatment also scored among the most effective measures."

Another study examined the effectiveness of



**If you suffer from Fibromyalgia or chronic fatigue there is hope.**

chiropractic in relieving fibromyalgia symptoms.

After just a few chiropractic treatments, fibromyalgia patients suffered from less pain and fatigue, and actually enjoyed better sleep.(JMPT 2000)

And best of all, there will be...

**No Harmful Drugs, No Uncertain Procedures,  
And No Intimidation.**

Call 021-4824450 anytime between the hours of 7:30 am and 6:00 pm Monday through Friday. Tell the receptionist you'd like to come in for the Special Fibromyalgia Evaluation before August 2nd.

I look forward to helping you get rid of your pain so you can start living a healthier, more joyful life.

Sincerely,  
Dr. Eric Kelly D.C.

**P.S.** Imagine how great you could feel without your constant fatigue and nagging pains. Imagine waking up each morning, jumping out of bed, and enjoying the day...**no more waking up and feeling like you got hit by a truck.**

Imagine not having to take handfuls of pain pills that haven't helped much and have dangerous side effects.

What would it feel like to finally have hope again? Call today 021-4824450